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<u>ا</u>	Delete Selected C	Questions		→ Assign Se	lecte	ed Questions t	o eExam			
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	Question Type 👢	Question J↑	A J†	B ↓↑	С	11	D	Ţţ	Answer ↓↑	Remark
	FBQ	is the nutrient tha provide the body with warmth	fat							eExam
	FBQ	is the actual process of putting the plan into action	Implimentation							eExam
	FBQ	has not received as much attention as food and health.	Housing							eExam
	FBQ	helps to identify places where goods are cheaper	Market survey							eExam
	FBQ	helps us to link the past actions and events with the past.	History							eExam
	FBQ	The appraisal of the entire management procedure is called	Evaluation							eExam
	FBQ	The first step in decision making is	identifying the problem							eExam
	FBQ	in the home constitutes utilities and decorative purposes	Furnishing							eExam
	FBQ	was part of the first fibre to be used.	Flax	Wool						eExam
	FBQ	is avery technical job requiring scientific attitude and approach	Home making							еЕхат

FBQ	is factor to be considered when purchasing expensive household equipment	quality	durability		eExam
FBQ	is an expected developmental task of childhood	learning to walk	leaning to eat solid food		еЕхат
FBQ	Anything solid or liquid that has a chemical composition which nourishes the body when ingested is called	Food			eExam
FBQ	Planned activities directed towards accomplishing desired goals is called	management			еЕхат
FBQ	Domestic Science was introduced into Nigeria by Catholic Missionaries from France who arrived in Lagos in	1873			еЕхат
FBQ	The second elements of management is	Organizing			eExam
FBQ	Your value represent your	Likes			eExam
FBQ	The second elements of management is	Organizing			eExam
FBQ	Planning begins with	Identify the needs			eExam
FBQ	Nylon and teflon are fibers?	artificial			eExam
FBQ	The vitamin that plays very vital role in coagulation of blood is	Vitamin K			eExam
FBQ	An example of a market is	Financial market	Consumer goods market		eExam
FBQ	To boost food supply, the of the Shagari regime was designed to motivate farmers	Green Revolution			eExam

FBQ	To food, it is necessary to get rid of spores of bacteria, fungi yeast	preserve			eExam
FBQ	Home Economics was created in Lake Placid, new York in	1901			eExam
FBQ	The nomenclature, Home Economics was formally referred to in the colonial era as	Domestic science			eExam
FBQ	Food as an area of study concerns with	Cookery			eExam
FBQ	The action taken in selecting from alternative courses of action is known as	Decision making			eExam
FBQ	The original meaning of philosophy is conceived by the	Greeks			eExam
FBQ	Washing Machine was invented by	Josephine Cochran			eExam
FBQ	Clothing and textiles is field in	Home Economics			eExam
FBQ	The history of is interwined the history of women in America	domesticity	Home Economics		eExam
FBQ	Nutrition Science had its root in the year	1840s			eExam
FBQ	The first president of the American Home Sciences Association was	Ellen Swallow Richard			eExam
FBQ	In order of importance, is second in the hierarchy of needs.	Safety			eExam

FBQ Home Econmics Extensionist is an agent of development particularly in the rural, grassroot level in Nigeria sa tool to the housing development of the cuitable development of the material resources used to buy FBQ Money is one of the material resources used to buy FBQ Money is one of the material resources used to buy FBQ Ocod Home for proper relationship among the various activities of proper relationship among the various activities of the principles resources FBQ Cocd Home for a cuitable in process results r						
FBQ Example of the establishment of proper relationship among the various activation practicularly in the rural, grassroot level in Nigeria						
Extension seeks to be the most powerful programme as a tool to the holistic development of the critizenry FBQ Those things we do not wish to have or do are It is a subject to the holistic development of the critizenry It is a subject to have or do are It is a subject to	FBQ	is an agent of development particularly in the rural,	Extensionist			еЕхат
FBQ Bamboo houses are found mostly in Nigeria along the material resources used to buy purpose the establishment of proper relationship among the various activities planned, the people and other resources FBQ Good Home Management practices results in improvement of the quality of living and happiness in the home FBQ Energy, time, skills, creativity and knowledge are all resources FBQ An arrangement in which there is agreement to obtain a good for a specified period of time for	FBQ	most powerful programme as a tool to the holistic development of the				eExam
FBQ Money is one of the material resources used to buy FBQ Money is one of the material resources used to buy organizing organizing organizing organizing organizing FBQ Good Home Management FBQ Good Home Management FBQ Energy, time, skills, creativity and knowledge are all FBQ Energy, time, skills, resources Human FBQ An arrangement in which there is agreement to obtain a good for a specified period of time for	FBQ		dislikes			eExam
Home material resources used to buy FBQ	FBQ		Lagoons area	swampy area		eExam
involves the establishment of proper relationship among the various activities planned, the people and other resources FBQ Good Home Management Practices results in improvement of the quality of living and happiness in the home FBQ Energy, time, skills, creativity and knowledge are all resources FBQ An arrangement in which there is agreement to obtain a good for a specified period of time for	FBQ	material resources used to	goods	services		eExam
FBQ Energy, time, skills, creativity and knowledge are all resources FBQ An arrangement in which there is agreement to obtain a good for a specified period of time for	FBQ	of proper relationship among the various activities planned, the people and	organizing			eExam
resources FBQ An arrangement in which there is agreement to obtain a good for a specified period of time for	FBQ	practices results in improvement of the quality of living and happiness in				eExam
there is agreement to obtain a good for a specified period of time for	FBQ	creativity and knowledge are all	Human			eExam
	FBQ	there is agreement to obtain a good for a specified period of time for	Hire purchase			eExam

FBQ	One reason for stating the philosophy of Home Economics is to	Develop appropriate and necessary human resources and competence for various educational and community setting			eExam
FBQ	Meal planning family entails consideration of the of each individual.	Needs			eExam
FBQ	by application of dry or moist heat.	cooked			еЕхат
FBQ	involves the establishment of proper relationship among the various activities planned, the people and other resources.	Organizing			eExam
FBQ	The process of using the family resources to meet the family's needs or goals is	Home management.			eExam
FBQ	Cooking which results in development of new recipes and diversified utilization is referred to as	Experimental food.			еЕхат
FBQ	was the first to run Home Economics at degree level in Nigeria.	University of Nigeria Nsukka			еЕхат
FBQ	The first president of the American Home Sciences Association was	Ellen Swallow Richard			eExam
FBQ	Cornell's college of Home Economics was founded at the beginning of the century.	20th			eExam

FBQ	The gap between what we have and what we want to have is called	Need					eExam
FBQ	Isaac Singer invented the first practical sewing machine in the year	1853					eExam
FBQ	_provide the body with materials which can produce heat or any form of energy	Food					eExam
FBQ	The process of using the family resources to meet the family's needs or goals is	Home Management					eExam
FBQ	All these are physiological needs used to maintain life except	Education					eExam
FBQ	The worth placed on something is referred to as	Value					eExam
FBQ	is the study of nature and meaning of the universe and of human life	Philosophy					eExam
MCQ	What is the collectiv nane given to sructures tha arefixed permanently in the room?	Furnishings	Decorations	Fixtures	Funiture	С	eExam
MCQ	Which of these is not a class of nutrients	proteins	Fats	Calcium	Vitamins	С	eExam
MCQ	Clothing is the area concerned with the following except	Use and care of the Sewing machine	Basic and decorative stitches	Seems and Blankets	Seems and plackets	D	eExam
MCQ	The following are factors that motivate management except one.	Values	Resources	Complexity	Needs	С	eExam
MCQ	How many major branches does Home Economics have?	10	7	2	3	D	eExam

MCQ	Good Home Management results in the improvement of the quality pf living.	practices	processes	planning	programmes	A	eExam
MCQ	Which of these is not a human resource?	Skills	Time	Tools	Energy	С	eExam
MCQ	One of these is not a physiological need?	Health	Shelter	Security	Clothing	С	eExam
MCQ	Who aroused the awakening to meet housing needs of Nigeria?	General Sani Abacha	Alhaji Shehu Shagari	President Goodluck Jonathan	General Olu- segun Obasanjo	D	eExam
MCQ	On Maslow's hierarchy of needs, what is second to the highest need?	Safety needs	Esteem needs	Belonging needs	Self- actualization needs	В	eExam
MCQ	The feeling of satisfaction with one-self and gaining approval and recognition by others is a human need called	Self- actualization needs	Safety needs	Esteem needs	Sense of belonging needs	С	eExam
MCQ	What other way can one describe Basic needs?	Psychological needs	Survival needs	Esteem needs	Urgent needs	В	eExam
MCQ	One of these is not a secondary need.	Education	Beauty	Justice	Love	D	eExam
MCQ	Which of these is an important aspect in house planning?	decoration	ownership	Flexibility	colour	С	eExam
MCQ	How will you describe a person in a state of being comfortable with his/herself and others and coping with stress and problems of life?	Self-satisfying	Socialization	Security	Mental well- being	D	eExam
MCQ	One of the following involves the study of the price of a number market places.	Bargaining	Market survey	Window shopping	Whole sale buying	В	еЕхат
MCQ	Which of following is not a type of market?	Labour market	Service market	Financial market	Consumer market	В	eExam
MCQ	One of the following is not an important process in development	Leaning	Growth	Weight	Maturity	С	eExam
MCQ	In evaluation one of the questions often asked is:	Is everyone happy?	What is the priority?	How do we organize these?	Any problem or mistake encountered?	D	еЕхат
MCQ	What is it that involves the establishment of proper relationship among the various activities.	Planning	Organizing	Decision- making	Management	В	eExam

MCQ	Identify those things that individuals, families and organizations are willing to work for.	goals	needs	profits	Standard	A	eExam
MCQ	What is defined as the measure of quality, quantity and method of attaining a goal.	goal	standard	aim	objective	В	eExam
MCQ	Which of these nutrients Promotes growth, repairs worn out tissues and help blood formation?	Iron	Protein	Vitamins	Folic Acid	В	еЕхат
MCQ	Which of these can the Families depend on to make the best use of their material and finance to obtain meals that meet the family needs?	Home Economics	Nutrition education	Meal planning	Budgeting	В	eExam
MCQ	Food cannot be preserved by one the following ways.	Sun-drying	salting	seasoning	smoking	С	eExam
MCQ	What do you call the process of nourishing the body?	Eating well	Nutrition	Food	Balanced diet	В	eExam
MCQ	The history of Home Economics shows that it has existed among Nigerians.	Long ago	formally	Previously	informally	D	eExam
MCQ	Who was the first Principal of Queens college Lagos who ensured that domestic Science was included in school curriculum?	Mrs. Johnson	Miss Blackwel	Mrs. Billis Josephine	Mrs. Margaret Rossiter	В	eExam
MCQ	One of these factors does not motivate the derivation of new Home Economics philosophy.	Shift in society from small community to more complex one	Increase in human movement for business	Society not very dynamic in accepting and adapting to change	Information and communication technology	С	eExam
MCQ	What do you refer to as the field of knowledge and services concerned primarily with strength of the family?	Home management	Family life	Home Economics	Domestic Science	С	eExam
MCQ	How many basic needs do humans have?	5	6	4	12	А	eExam
MCQ	What do you call those things that are good for their own sake?	Instrumental values	Momental Values	Intrinsic Values	Constructive value	С	eExam
MCQ	It cannot be seen but are recognized in behavior.	Need	Value	Standard	Love	В	eExam

MCQ	What name is given to the forum used in translating field knowledge into specific action for improving the Nigerian woman's productivity in Agriculture?	Home Economics Extension	Women in Agriculture	Agricultural Programmes	Non- Governmental Programmes	В	еЕхат
MCQ	During whose government was "Green Revolution established to boost food supply?	Ahaji Musa Ya'aradua	General Babangida	General Sani Abacha	Ahaji Shehu Shagari	D	eExam
MCQ	Which of these factors affects food supply?	Over crowdedness	Over population	Food scarcity	None of the above	В	eExam
MCQ	Which of these is not a contribution of Extension Service to the family?	Social development	Nutrition	Research	Child rearing	D	eExam
MCQ	What do you call the service organized by the government which concerns conducting and interpreting research finding at level of the community and the family?	Agricultural Extension	Home Economics Extension	Home Management Extension	Government Programme Extension	В	eExam
MCQ	In house cleaning, what is the duration in spring cleaning?	Daily	weekly	Bi-monthly	yearly	D	eExam
MCQ	All these are guidelines for colour distribution in interior decoration except one.	Use colour distribution to emphasize or deemphasize the interior design	Test colour in the type of existing light in the room.	Use any colour available	Use very bright colours in small amount	С	еЕхат
MCQ	Furnishings are selected based on	Good design	purpose	Texture and pattern	manufacture	В	eExam
MCQ	One of these is a set of movable articles in the house.	Fixtures	Furnishings	Decorations	Furniture	D	eExam
MCQ	Identify one advantage of renting a house.	One can easily buy it over	One can easily change the house with changes in housing	It is often easy to obtain necessary repairs	Very possible to find house in the neighbourhood	В	еЕхат
MCQ	What do you call a place where each family member finds relaxation?	Bedroom	House	Parlor	Home	D	еЕхат
MCQ	Which of the following give strength and rigidity to bones?	Calcium	Carbohydrate	Water	Thiamine	А	еЕхат
MCQ	What do we call those things we prefer?	Likes	wants	Demands	Denials	A	eExam

MCQ	An example of physiological need is	Free from harm	Food and Nutrients	Predictability	Recognition	В	eExam
MCQ	One the following is not a factors that motivate management.	Values	Resources	Complexity	Needs	С	eExam
MCQ	Evaluation involves the establishment of proper relationship among the various activities planned, the people and other resources	True	False	May be	Don't know	В	eExam
MCQ	Which of the following would guide the consumer on how to buy?	Activities of manufacturers	Organization of market stalls	Knowledge of market agents and their operations	Co-operation between traders	С	eExam
MCQ	One of these does not ensure economic security	Insurance	Trading	Investment	Saving	В	eExam
MCQ	One of the reasons for cooking food include	To develop new flavours	Pleasing to the eye	To change the taste	none of the above	В	eExam
MCQ	University of Nigeria was the first to run Home Economics at degree level. Nigeria	True	False	May be	Don't know	A	eExam
MCQ	Who was the first president of the American Home Sciences Association.	Ellen Swallow Richard	Isaac Newton	Maria Panoa	Melvil Dewey	А	eExam
MCQ	Budgeting have all the following advantage but one	Allows the family expenditure to be seen in perspective	Enabling proper decision making	Helps impulse buying	Helps thrift buying	С	eExam
MCQ	Which of these is a source of consumer information?	Friends	Advertisement	Manufacturer's leaflet	All of the above	А	eExam
MCQ	What is a market?	All activities in the process of exchange between buyers and sellers	A place set aside for buying and selling	A place where people deal with exchange of human labour	Consumers' point of buying and selling	A	еЕхат
MCQ	Which one is not a factor hindering effective implantation of Home Economics Philosophy	Culture and Socio practices	Diversity in culture and religion	The declining economy	Fragmentation	D	eExam
MCQ	Which of these is the last step in decision making?	Identifying the problem	Selecting alternatives	Collecting information	Considering the consequences	В	eExam
MCQ	Identify the first step in the management process.	Organizing	Evaluating	Planning	Implementation	С	eExam

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